

Meal Program

The Creative Academy participates in the USDA Child and Adult Care Food Program ensuring that our children are receiving healthy, well-rounded meals.

Children Ages 1-5

The children are served all food choices offered on the menu but are not required to eat everything on their plates. Children will be encouraged to try new foods but will not be forced to eat them. If your child has a food allergy or medical need, we will work with the family to make sure nutrition and sanitation guidelines are being followed.

USDA Nutrition Meal Patterns:

Breakfast: 1 grain, 1 fruit/vegetable, milk

Lunch: 1 grain, 1 meat, 1 fruit, 1 vegetable, milk

Snack: 1 grain and 1 fruit/vegetable OR 1 grain and milk

Menus are posted in the kitchen and in the main hallway. Copies will be sent home at parent's request.

Breakfast, lunch and afternoon snack are served to all children in attendance. The schedule is as follows:

- Breakfast: Children must arrive by 8:15am. If your child will not arrive by that time, they need to be fed breakfast at home. Breakfast is served at 8:30am.
- Lunch: Children must arrive by 9:00am to be counted for lunch. If your child will be late, the center staff must be notified by 9:00am so the child may be counted for lunch.
- Snack: Snack is served at 2:30pm

INFANTS

Parents will complete an individualized feeding schedule for their infant outlining times, amounts and types of food/formula/breastmilk to be served. Creative Academy promotes breastfeeding and offers a private area for mothers to breast feed in the center.

Bottles prepared at home must be labeled by the parent with the child's name and date each day.

Creative Academy offers Parent's Choice Milk Based with Iron formula to infants and iron fortified cereal, fruits and vegetables and meats/meat alternates.